Falls Church Recreation and Parks Department

K-Readiness Preschool Program

Tuesday and Thursday

1:00pm - 4:00pm

Our program is designed for students ages 4 to 5 years old with activities centered around arts and crafts, music, stories, games and free play. The program consists of up to 18 students, with one lead teacher and one aide. Daily activities are developmentally appropriate and promote the individual child's physical, social and emotional well being while challenging the child's interest and understanding. Students will work on literacy/language arts skills, mathematical thinking skills and science skills both independently and in small groups. Free play is child-initiated allowing students to role play and create relationships with peers. All interactions are designed towards positive self-esteem and growth helping prepare your child for kindergarten. **Students must be potty trained.**

Daily Schedule

1:00 - 1:15	Arrival - Table Activities and Free Play
1:15 - 1:30	Morning Meeting
1:30 - 1:50	Small Groups
1:50 - 2:00	Sing Along/ Read Aloud
2:00 - 2:30	Clean Up and Wash Hands
	Snack
	Bathroom Break
2:30 - 3:00	Art
3:00 - 3:45	Recess
3:45 - 4:00	Pack Up
4:00	Dismissal

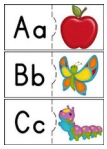
Preschool Curriculum

K-Readiness (4-5 years)

Our curriculum is teacher created and incorporates the standards set by the VDOE. Activities promote the students physical, social and emotional well being while challenge the child's interest and understanding. Our goal is to prepare your child for kindergarten working on fine and gross motor skills, basic reading and writing skills and mathematical skills through a variety of topics and themes. Basic Spanish will be introduced. Seniors and K-Readiness curriculums are similar but activities vary.

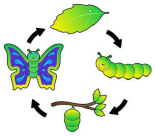
Literacy/Language

- Oral Language
  - * Develop listening and speaking skills
  - * Make predictions * Identify characters
  - * Retell sequence of story
- Vocabulary
  - * Months of the year * Days of the week
  - * How to describe objects
- Phonological
  - * Beginning sound * Rhyming * Syllables
- Letter Knowledge
  - * Identify and print uppercase/lowercase letters
  - * Identify letter sounds * Write first name



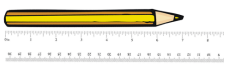
Science

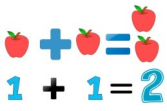
* 5 Senses * Plants and Trees * Weather
* Magnets * Properties of Water
* Insects/ Butterfly Life Cycle
* Lights and Shadows * Force and Motion



Mathematics

- Number Sense
  - * Compare * Describe order * Tell how many
  - * Count forward to 20 and backwards from 10
- Computation
  - * Recognize change in groups * Simple addition with stories
- Measurement
  - * Compare height, length and width of two objects
  - * Time * Weight * Temperature
- Geometry
  - * Describe and identify simple geometric shapes
  - * Position of objects
- Data Collection
  - * Simple graphing with pictures
- Patterns
  - * Identify and continue patterns (size, color, shape, texture)
  - * Create patterns with objects, movements or sounds
- Coins
  - * Value of coins (penny, nickel, dime, quarter, dollar)





Themes

* Sea Animals * Space * Transportation
* Hibernation * Nocturnal animals * Healthy Habits
* Recycling * Living vs. Non-living * Music
* Birds * Animal Habitats * Polar Animals
* Symmetry * Fairytales

Contact

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