

falls church

RECREATION & PARKS

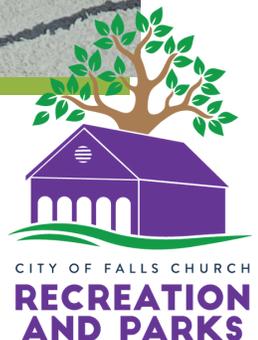


SUMMER 2020



Register Now:

www.fallschurchva.gov/register



Farmers Market



Place your pre-orders then pick up and go on Saturday. Please wear a mask or face covering.
www.fallschurchva.gov/FM

Saturdays - Year Round!
April 4-December 26, 2020
8am to 12noon
January 2-March 27, 2021
9am to 12noon
300 Park Avenue,
City Hall Parking Lot

The City of Falls Church Farmers Market will be open during the COVID-19 pandemic with a "to go" format that complies with the guidelines from Governor Northam and the Virginia Department of Agriculture and Consumer Services (VDACS).

How It Works

- The market will be open on Saturdays from 8am to Noon for take-out only.
- Shopping and browsing are not allowed.
- Customers buy goods in advance -- online or over the phone -- and pick-up at the market. See list of vendors with ordering and contact information below.
- Only one person per family will be allowed at a time. Please do not bring children, dogs, or other animals.
- Customers must maintain 6 feet distance between themselves and others at all times.
- Hand sanitizer will be available. Customers are encouraged to bring their own sanitizer as well as disinfecting wipes.
- Customers are not permitted to touch any items for sale other than the prepackaged bag or box they are handed by the producer.
- Staff will ask customers to confirm a placed order.
- Pre-paying for orders is preferred but if that is not possible, payment can be made at the market with a credit card or check. Cash will only be accepted if a card is not available. No coins can be used to complete the transaction.
- Customers and producers who do not feel well should stay home (as posted at the market entrance).

For a full listed of participating vendors and how to pre-order, visit www.fallschurchva.gov/FM

City of Falls Church Recreation & Parks

Virtual Community Center

a bi-weekly newsletter to help you
keep active, stay engaged, and create
some #LittleCityBigFun at home

Stay active and connected with the Recreation and Parks team, via our Virtual Community Center: a bi-weekly newsletter full of online opportunities for fitness, recreation, creativity, and learning that will help you keep your body moving, your brain buzzing, and create some #LittleCityBigFun memories at home.

We've also "taken over" the City of Falls Church Instagram Account with Virtual Community Center related posts, so follow us at @FallsChurchVa.

Sign up for the Virtual Community Center at:
www.fallschurchva.gov/recreation—right side of the page

Stay tuned..... Falls Church Scavenger Hunt

Later this month, the Recreation and Parks Department will release a history-themed Scavenger Hunt that can be completed throughout the City. Join our newsletter above to receive the details!



General Information



Falls Church Community Center, Kenneth R. Burnett Building Hours of Operation

The building will open in the summer of 2020 for the use of summer camps only. The building will close at 5:30pm Monday-Friday. The building is not scheduled to be open on weekends at this time.

Contact Information

Recreation@fallschurchva.gov

Falls Church Community Center.....	703-248-5077
Recreation & Parks Department Office.....	703-248-5027
Falls Church Senior Center.....	703-248-5020
Teen Center Office.....	703-248-5325
Cherry Hill Farmhouse.....	703-248-5171
Fax	703-536-8150

Modified Summer Brochure Includes:

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- General Information, page 3
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Recreation & Parks Staff

Daniel J. Schlitt, *Director*
Amy Youngs, *Hobby Class Coordinator, Deputy Director*
Jimmy Ruby, *Sports Coordinator, Senior Program Supervisor*
LaShawn Timmons, *Program Supervisor*
Scarlett Williams, *Special Events, Program Supervisor*
Ryan Amato, *Camps and Youth Sports, Program Supervisor*
Tracy Browand, *Senior Center Coordinator, Senior Recreation Specialist*
Corey Jannicelli, *Cherry Hill Farmhouse Coordinator, Recreation Specialist*
Taylor Ford, *Recreation Specialist*
Lisa Reid, *Administrative Assistant*
Howard Herman, *Farmers Market Manager*
Mike Noyes, *Crew Leader, Parks and Landscape Maintenance*
Juan Salguero, *Building Maintenance Worker*
William Andrews, *Building Maintenance Worker*
Heeyong Lim, *Building Maintenance Worker*
Raul Chafloque, *Landscape Maintenance Worker*
Charlie Buettner, *Landscape Maintenance Worker*

Advisory Board of Recreation and Parks

Charles O'Hara, *Chair*
Leslie Rye, *Vice Chair*
Kathryn Chandler
Bill Brew
Laura Downs, *School Board Representative*
Letty Hardi, *City Council Liaison*
Kim Hicks
Melissa Teates, *Planning Commission Representative*



Preschool

Preschool Program

3-5 years (see birthdates below)

Our preschool program focuses on fun and positive learning experiences with activities centered around arts and crafts, music, stories, games and free play. Daily activities are developmentally appropriate and promote the individual child's physical, social and emotional well-being while challenge the child's interest and understanding. Students have the opportunity to work together in small groups as well as independently. Free play is child-initiated allowing students to role play and create relationships with peers. All interactions are designed towards positive self-esteem and growth. Our program is licensed by the Virginia Department of Social Services, is taught by qualified staff and provides a small class ratio. Children must be potty-trained by the first day of the fall session. In order to register for our preschool program, children must be born within the birthdates listed below. All required paperwork including proof of age via birth certificate and physical with immunization report are due one week prior to the first day of class and must be turned in directly to the Preschool Director.

FALL 2020

JUNIORS (Born between Sept. 4, 2016 & Sept. 30, 2017)

Tue/Thur: 9/8-12/17 9am-12noon
111001-J R: \$730 / NR: \$750

*No class 11/26

SENIORS (Born between Oct. 1, 2015 & Sept. 30, 2016)

M/W/F: 9/9-12/18 9am-12noon
111002-J R: \$1,035 / NR: \$1,055

*No class 10/12, 11/11, 11/27

WINTER/SPRING 2021

JUNIORS (Born between Sept. 4, 2016 & Sept. 30, 2017)

Tue/Thur: 1/5-6/3 9am-12noon
211001-K R: \$1,061 / NR: \$1,081

*No class 3/30, 4/1

SENIORS (Born between Oct. 1, 2015 & Sept. 30, 2016)

Mon/Wed/Fri: 1/4-6/4 9am-12noon
211002-K R: \$1,512 / NR: \$1,532

*No class 1/18, 2/15, 3/29, 3/31, 4/2, 5/31

Preschool in a Box

3-5 years

Was your Summer Camp canceled? Are you not sure what do to with your kids? We've got you covered! This summer, we're offering Preschool Camp in a Box. In your box you'll find all of the supplies needed for 9 crafts and/or activities that correlate with the 5 thematic weeks of camp that we had to cancel:

- Creative Art
- Where the Wild Things Are
- Science is Fun
- Out of This World
- Builders in Training

Some activities even come with a read aloud. You'll be provided with a link and/or code in your box with instructions on how to access these.

Register by July 1 for a contactless pick up the week of July 6.

Complete activities at your own pace and convenience.

386200-A R: \$45 / NR: \$55

Instructor: FC Staff

Location: Virtual Class

Summer Activity!

Kindergarten Readiness

4-5 years (Born October 1, 2015 – September 30, 2016)

This program will enhance and strengthen your child's physical, social and emotional well-being through hands on activities and child-initiated free play. Students will work on literacy, mathematics and science activities independently and in small groups preparing them for Kindergarten. Our program is licensed by the Virginia Department of Social Services, is taught by qualified staff and provides a small class ratio. Children must be potty-trained by the first day of the fall session. All required paperwork including proof of age via birth certificate and physical with immunization report are due one week prior to the first day of class and must be turned in directly to the Preschool Director.

FALL 2020

Tue/Thur: 9/8-12/17

111004-J

*No class 11/26

1pm-4pm

R: \$730 / NR: \$750

WINTER/SPRING 2021

Tue/Thur: 1/5-6/3

211003-K

*No class 3/30, 4/1

1pm-4pm

R: 1,061 / NR: \$1,081



Virtual Art Classes—Art in a Box

All virtual art classes will be held using Zoom. Class materials will be dropped off to registered participants prior to the first class.

Twoosy Doodlers 20 months-3 years

Virtual Class held using Zoom - Class materials will be dropped off prior to the first class.

This is a special art class just for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing, sticking, printing and creating, while developing fine motor, language, and self-help skills. This is an "I can do it!" class that is fun and creative! Each session has new activities and helpers play too.

Wed: 7/8-8/12 **10-10:45am**
390101-A R: \$105 / NR: \$125

Instructor: Abrakadoodle

Location: Virtual Class

Mini Doodlers 3-6 years

Virtual Class held using Zoom - Class materials will be dropped off prior to the first class. Children will develop their creativity through carefully designed lessons that ignite the imagination and develop skills. Using real artist's materials such as watercolors, tempera paints, oil pastels and creative tools, children will create masterpieces that are truly unique.

Wed: 7/8-8/12 **11:30am-12:15pm**
390103-A R: \$105 / NR: \$125

Instructor: Abrakadoodle

Location: Virtual Class



Doodlers 6-12 years

Virtual Class held using Zoom - Class materials will be dropped off prior to the first class.

This popular art program helps kids stretch their creative muscles and exercise their right brains in action-oriented classes filled with color, texture, shape and fun! Our art lessons are carefully crafted to promote uniqueness and imaginative thinking as kids create their own unique masterpieces through painting, drawing, cutting, molding and exploring creative materials. Each lesson introduces a new technique and artist's style.

Sat: 7/11-8/15 **1-2pm**
391101-A R: \$113 / NR: \$133

Instructor: Abrakadoodle

Location: Virtual Class

Art Outdoors

A limited number of art classes are being scheduled for the picnic shelter at Roberts Park.

Participants will receive a bag of basics to use exclusively. Class size will conform to state gathering limits and will maintain social distancing.



Twoosy Doodlers 20 months-3 years

This is a special art class just for toddlers and parents (or helpers). Little fingers will experiment with painting, gluing, sticking, printing and creating, while developing fine motor, language, and self-help skills. This is an "I can do it!" class that is fun and creative! Each session has new activities and moms and helpers get to play too. Each participant and his/her adult helpers will have their own set of supplies and their own picnic table to maintain a distance from other participants. Each participant is limited to one adult helper at this time. Class size will conform to state gathering limits.

Mon: 7/13-8/17 **10:30-11:15am**
390100-A R: \$105 / NR: \$125

Instructor: Abrakadoodle

Location: Roberts Park

Mini Doodlers 3-6 years

Children develop their creativity through carefully designed lessons that ignite the imagination and develop skills. Using real artists' materials including watercolors, tempera paints, oil pastels, creative tools, and more, the children create masterpieces that are truly unique. Each participant will have their own set of supplies and table to maintain a distance from other participants. Class size will conform to state gathering limits.

Tue: 7/7-8/11 **10:30-11:15am**
390102-A R: \$105 / NR: \$125

Instructor: Abrakadoodle

Location: Roberts Park

Doodlers 6-12 years

This popular art program helps kids stretch their creative muscles and exercise their right brains in action-oriented classes filled with color, texture, shape and fun! Our art lessons are carefully crafted to promote uniqueness and imaginative thinking as kids create their own unique masterpieces through painting, drawing, cutting, molding and exploring creative materials. Each lesson introduces a new technique and artist's style.

Class participants will sit at opposite ends on opposite sides of long picnic tables. They will receive a bag basics to keep and use exclusively. Class size will conform to state gathering limits.

Sat: 7/11-8/15 **10-11am**
391100-A R: \$113 / NR: \$133

Instructor: Abrakadoodle

Location: Roberts Park

Technology

Virtual technology classes with C3 Cyber Club. This is a virtual class held using zoom. Students will need a laptop, computer or tablet to participate. An email with the class Guidelines and Requirements for Online Class Participation, zoom link and a link to download class software will be sent prior to the first class.

Roblox Imaginative Game Design

6-8 years

Software: Roblox Studio

Skill Level: Beginner

In this course, students will learn how to use coding fundamentals to strategically engineer an immersive, imaginative cosmos for one of the fastest-growing gaming platforms in the world. "Roblox, Imaginative Game Design" provides students with hands-on experiences in innovation and the underlying mechanics of 3D gaming. This is the perfect course for any student looking to advance their skills in science, technology, engineering, art, and mathematics (STEAM). Do not miss your chance to publish, share, and play games with your friends.

Tue/Thu: 7/7-7/30 2-3pm

391700-A R: \$185 / NR: \$205

Instructor: C3 Cyber Club

Location: Virtual Class

Animation using Minecraft

6-8 years

Software: Mine-imator

Skill Level: Beginner

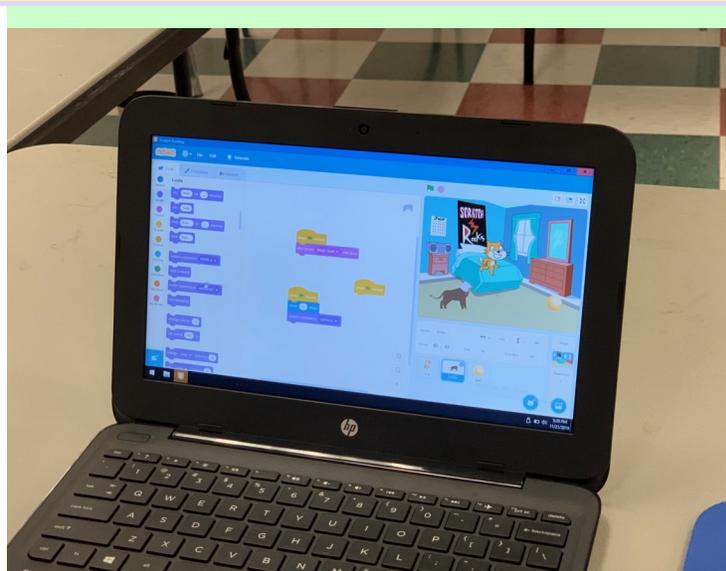
In this class, younger students will learn how characters move and look alive in movies and video games! They will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their perception, observation, and timing skills, as well as exercise their imagination and storytelling by studying motion in reality; then applying it to animation. Students will learn how animators work by completing a variety of short animation exercises and projects. They will apply acting theories and animation principles to scenes they create. Does your child aspire to become an animator for games and movies? Sign up for this class today!

Tue/Thu: 8/4-8/27 2-3pm

391701-A R: \$185 / NR: \$205

Instructor: C3 Cyber Club

Location: Virtual Class



Roblox Imaginative Game Design

10-14 years

Software: Roblox Studio

Skill Level: Intermediate

In this course, students will advance their coding, design, and game development skills, tinkering with Roblox Studio and the Lua programming language it employs. "Roblox, Imaginative Game Design" provides students between the ages of 10 -14 with fundamental coding concepts and techniques that will allow them to eventually move on to AP Computer Science. This course is perfect for any student looking for an opportunity to advance their careers as computer engineers, game developers, and tech-savvy entrepreneurs. Do not miss your chance to code alongside a group of aspiring computer scientists.

Tue/Thu: 7/7-7/30 3:30-4:30pm

391702-A R: \$185 / NR: \$205

Instructor: C3 Cyber Club

Location: Virtual Class

Animation using Minecraft

10-14 years

Software: Mine-mator

Skill Level: Beginner

In this class, older students will be introduced to basic 2D and 3D animation techniques using Minecraft characters and stages. Kids will expand their observation skills and imagination by studying motion in reality and how it influences motion in animation. Older students learn about advanced tools and techniques. Students will learn how animators work by completing a variety of short animation exercises and projects and applying basic acting theories and animation principles to scenes they create. Does your child aspire to become an animator? Sign up for this class today!

Tue/Thu: 8/4-8/27 3:30-4:30pm

391703-A R: \$185 / NR: \$205

Instructor: C3 Cyber Club

Location: Virtual Class

Dance & Cheer

All classes on this page are held virtually on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants and their guardians are responsible for the safety of dancer's surroundings.

Preschool Dance A 2-3.5 years

A cheerful introduction to dance, movement, and expression for 2-3 year olds in a nurturing, playful, creative environment. Emphasis will be placed on ballet basics while we help our youngest dancers develop balance, coordination, and rhythm. Recommend ballet shoes.

Mon: 7/6-8/10 4-4:25pm
390200-A R: \$48 / NR: \$58
Thu: 7/9-8/13 4:45-5:10pm
390200-B R: \$48 / NR: \$58
Sat: 7/11-8/15 9:30-9:55am
390200-C R: \$48 / NR: \$58

Instructor: Every Body Dance
Location: Virtual Class

Preschool Dance B/C 3.5-4 years

A cheerful introduction to dance, movement, and expression for young dancers in a nurturing, playful, creative class structure. Students will focus on ballet and tap basics while improving coordination, flexibility, balance, rhythm and a love of dance. Ballet shoes and tap shoes, (or noisy shoes such as dress shoes) are recommended.

Mon: 7/6-8/10 4:30-5:10pm
390201-A R: \$72 / NR: \$92
Thu: 7/9-8/13 4-4:40pm
390201-B R: \$72 / NR: \$92
Sat: 7/11-8/15 10-10:40am
390201-C R: \$72 / NR: \$92

Instructor: Every Body Dance
Location: Virtual Class

Bop and Groove

3-6 years

Does your little one love to dance around the house to their favorite songs? If so, then this is the perfect class for your little mover. This high energy beginner dance class with teach your child the basics in both jazz and hip hop helping to improve their rhythm, coordination and balance

Thu: 7/9-8/13 5-6pm
390206-A R: \$89 / NR: \$109

Instructor: Adrenaline Staff
Location: Virtual Class

Storybook Ballet

3-6 years

This ballet class will expose your little ballerina to many of the classical ballet stories such as Sleeping Beauty, Cinderella and The Nutcracker through literature, storytelling and music. Basic ballet concepts will be introduced to lay a positive technical foundation (i.e.: positions, plies, etc.). Students will enjoy being exposed to real ballet stories to create a love for this classical art form!

Fri: 7/10-8/14 1-2pm
390207-A R: \$89 / NR: \$109

Instructor: Adrenaline Staff
Location: Virtual Class



Dance & Cheer

All classes on this page are held virtually on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants and their guardians are responsible for the safety of dancer's surroundings.

Ballet 1 5-8 years

This ballet class focuses on beginning ballet technique in a fun and encouraging environment. A developmentally appropriate starting point (or continuation from preschool classes) for building the fundamentals of classical ballet, this class is the perfect balance of structured learning and creative expression. The primary goal of Ballet 1 is to help students build a love for this classic form of dance and for students to feel successful while learning. No experience necessary!

Mon: 7/6-8/10 **5:15-6:05pm**
391200-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class



Ballet Tap Jazz 1 5-8 years

This class will bring together elements of ballet, tap, and jazz. Basic ballet principles, jazz technique, and the joyful rhythms of tap will expose your child to all the wonders of dance while improving strength, flexibility, coordination, rhythm and musicality. Students will be introduced to the terminology and skills that are the building blocks for future dance training while having all kinds of fun. Tap shoes and ballet shoes required. Dancewear or other form-fitting clothing required.

Thu: 7/9-8/13 **5:15-5:55pm**
391201-A R: \$96 / NR: \$116

Sat: 7/11-8/15 **10:45-11:35am**
391201-B R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class



Jazz/Hip Hop 1 5-8 years

High-energy jazz class with a hip-hop flair and music that gets kids dancing. This class teaches age-appropriate technique and fun moves that will light up the dance floor. A focus on building basic dance technique will improve balance, coordination, flexibility, and rhythm through "street jazz" elements and a variety of styles. Jazz shoes and dancewear or other form-fitting clothing required.

Thu: 7/9-8/13 **5:15-5:55pm**
391202-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Musical Theatre 1 5-7 years

Lured by the neon lights of Broadway? This unique class brings together dance and theater in a celebration of the magic of musical theater. We'll focus on the dance techniques used to bring musicals to life, including basic jazz, modern and lyrical dance steps, as well as building stage presence. With an emphasis on the use of expression and drama through movement, this upbeat class is sure to be a real hit!

Wed: 7/8-8/12 **4:15-4:55pm**
391203-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Tap/Jazz 1 5-8 years

A fun, upbeat combination class exploring the basic techniques of tap and jazz dance. In jazz, dancers will focus on jazz dance fundamentals, exploring many styles of jazz movement set to various genres of music. In tap, dancers will explore a variety of tap dance styles and focus on developing rhythm, style, and sound. Black tap shoes, tan jazz shoes, and proper dancewear required. No experience necessary!

Wed: 7/8-8/12 **5-5:40pm**
391204-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Dance & Cheer

All classes on this page are held virtually on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants and their guardians are responsible for the safety of dancer's surroundings.

Adrenaline Hip Hop Virtual

5-12 years

This is a virtual class using zoom. Participants will receive an email with the link to join the class no later than 1pm on the first day of class. Our ADF hip hop dancers will learn the latest street dancing technique, performance skills and confidence. HipHop is an ever-evolving style performed to current hip hop music. The Adrenaline Dance Force classes offer the ability to improve hip hop style, increase memory and improve balance by staying grounded and strong through upper and lower body movement. Adrenaline's experienced staff brings excitement to this class with the latest hip hop moves and age appropriate music!

Ages 5-8

Wed: 7/8-8/12 **5-6pm**
391210-A R: \$89 / NR: \$109

Ages 8-12

Mon/Wed: 7/6-8/10 **5:45-6:45pm**
391210-B R: \$89 / NR: \$109

Instructor: Adrenaline Staff

Location: Virtual Class

Adrenaline Cheer Virtual

6-12 years

This is a virtual class on Zoom. You will receive a link to join by 1pm on the first day of class.

Our cheer class is designed to teach basic to advanced concepts of cheer. We will work on motions and jump technique, stunting basics and cheer dances! All of our cheerleaders will gain strength, performance techniques and improve on their showmanship! Whether you are new to cheerleading or building on your foundation; we will help you to be your best!

Thu: 7/9-8/13 **6:15-7:15pm**
391215-A R: \$89 / NR: \$109

Instructor: Adrenaline Staff

Location: Virtual Class

Lyrical Dance 2 - Beginner/Intermediate

7-9 years

Lyrical dance explores movements inspired by ballet, jazz, and modern dance with a focus on expressive motions that complement the music and tell a story. Students will learn basic lyrical technique as well as explore the process of expressing emotions and conveying stories through movement. Dancewear or form-fitting active wear is required.

Wed: 7/8-8/12 **6:30-7:25pm**
391205-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class



Musical Theatre 2 - Virtual

7-9 years

Lured by the neon lights of Broadway? This unique class brings together dance and theater in a celebration of the magic of musical theater. We'll focus on the dance techniques used to bring musicals to life, including basic jazz, modern and lyrical dance steps, as well as building stage presence. With an emphasis on the use of expression and drama through movement, this upbeat class is sure to be a real hit!

Wed: 7/8-8/12 **5:45-6:25pm**
391206-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Musical Theatre 3 - Virtual

10-14 years

Lured by the neon lights of Broadway? This unique class brings together dance and theater in a celebration of the magic of musical theater. We'll focus on the dance techniques used to bring musicals to life, including basic jazz, modern and lyrical dance steps, as well as building stage presence. With an emphasis on the use of expression and drama through movement, this upbeat class is sure to be a real hit!

Wed: 7/8-8/12 **6:30-7:20pm**
391216-A R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class



Lyrical Dance 3 - Beginner/Intermediate

10-14 years

Lyrical dance explores movements inspired by ballet, jazz, and modern dance with a focus on expressive motions that complement the music and tell a story. Students will learn basic lyrical technique as well as explore the process of expressing emotions and conveying stories through movement. Dancewear or form-fitting active wear is required.

Wed: 7/8-8/12 **5:45-6:25pm**
391217-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Dance & Cheer

Junior Ballet - Virtual

7-20 years

Placement required, email everybodydance07@gmail.com. Junior level is for students with previous ballet training who are developmentally ready to pursue a more rigorous ballet program. Instruction will include ballet terminology, technique and placement as well as strengthening and learning movement combinations. With each level becoming progressively more challenging, upper level junior classes are designed to encourage young dancers to develop technically as well as artistically.

Junior Ballet 1 and 2/3 on Tuesdays:

This is a COMBINATION Zoom/In-Person Class.

Some nights class will be held in-person, outside, in a City park facility and some nights will be held virtually on Zoom. The zoom link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants are responsible for the safety of their surroundings.

Junior Ballet 3 on Thursdays:

Virtual only on Zoom.

Junior Ballet 1

Tue: 7/7-8/11 4:30-5:15pm
393200-A R: \$72 / NR: \$92

Junior Ballet 2/3

Tue: 7/7-8/11 5:15-6:15pm
393200-B R: \$96 / NR: \$116

Junior Ballet 3

Thu: 7/9-8/13 6:15-7:30pm
393200-C R: \$120 / NR: \$140

Instructor: Every Body Dance **Location:** Virtual Class

Jazz/Hip Hop 2/3 - Virtual

9-12 years

High-energy jazz class with a hip-hop flair and music that gets kids dancing. This class teaches age-appropriate technique and fun moves that will light up the dance floor. A focus on building basic dance technique will improve balance, coordination, flexibility, and rhythm through "street jazz" elements and a variety of styles. Jazz shoes and dancewear or other form-fitting clothing required.

Thu: 7/9-8/13 4:30-5:10pm
391218-A R: \$72 / NR: \$92

Instructor: Every Body Dance

Location: Virtual Class

Ballet 2/3 - Virtual

9-14 years

This ballet class for older students provides outstanding technical instruction in a positive and encouraging environment. Class is a structured, classical ballet class designed to build a love for this classic form of dance while helping students to feel successful, increase coordination, balance, musicality, and general health. Perfect for older beginners as well as students looking for the next step after our Level 1 classes.

No experience necessary!

Thu: 7/9-8/13 5:15-6:10pm
391219-A R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class

All classes in this column are held virtually on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants are responsible for the safety of their surroundings

Stretch & Strengthen - Virtual

10 & up

Weekly dance-based stretch and strengthen class for all levels of ability.

Sun: 7/12-8/9 4-5pm
393205-A R: \$50 / NR: \$60

Instructor: Every Body Dance

Location: Virtual Class

Musical Theatre Teen - Virtual

13-18 years

Have a teen who loves the stage and is lured by the neon lights of Broadway? This unique class brings together dance and theater in a celebration of the magic of musical theater. We'll focus on the dance techniques used to bring musicals to life, including basic jazz, modern and lyrical dance steps, as well as building stage presence. With an emphasis on the use of expression and drama through movement, this upbeat class is sure to be a real hit. Perfect for students who are involved in theater, voice or dance who want to bring those pieces together.

Wed: 7/8-8/12 7:30-8:20pm
394200-A R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class

Modern & Contemporary -Virtual

13-18 years

This class will explore the fundamentals of modern dance technique and contemporary movement. Students will learn basic modern technique including the works of Graham, Horton, Cunningham, and Limón as well as exploring personal style through guided improvisation and composition exercises. This class is suitable for dancers who are new to movement, as well as dancers with previous dance training.

Thu: 7/9-8/13 7:30-8:20pm
394201-A R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class

Senior Ballet - Virtual

10-20 years

Placement required. Email everybodydance07@gmail.com for placement. Senior Ballet is a high level class for students with extensive ballet training, appropriate muscular development, endurance, and the maturity needed for an extremely rigorous ballet program. Attendance at both classes weekly is expected for students desiring to train for pre-pointe. At the Senior II level, students are working toward preparedness for pointe training. Students will be enrolled initially as pre-pointe students for a specified evaluation period to determine readiness for pointe. Program instructors typically evaluate students at the start of each semester and will provide pointe instruction only for students who they deem to be physically ready for the challenges of pointe work. Regular attendance at classes is essential at this level to maintain strength.

Mon: 7/6-8/10 7:15-8:45pm
393201-A R: \$144 / NR: \$164

Sat: 7/11-8/15 10am-12pm
393201-B R: \$192 / NR: \$212

Instructor: Every Body Dance

Location: Virtual Class

Dance, Yoga & Fitness

Adult Modern Contemporary- Virtual

18 & up

An exploratory dance course for adults of all skill levels and backgrounds. No experience necessary, but also appropriate for adults with prior dance experience. Class will focus on basic contemporary dance technique and explore expressive movement styles inspired by ballet, modern, and jazz dance technique, encouraging self-expression and physical exercise in a judgement-free, safe, and supportive studio environment.

This is a virtual class on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants are responsible for the safety of their surroundings

Mon: 7/6-8/10 7:30-8:45pm
395200-A R: \$120 / NR: \$140

Instructor: Every Body Dance

Location: Virtual Class

Ballet for Adults - Virtual

18 & up

(Beginner-Intermediate Level) No prior experience necessary but also appropriate for adults with prior dance experience. This class is designed for adults wishing to explore the art of ballet, return to a former passion, refine technical ability, or simply exercise in a fun, judgement free studio environment. Classes will consist of barre exercises focusing on proper alignment, core strength, control, and flexibility as well as center work introducing simple jumps, turns, and combinations.

This is a virtual class on Zoom. A link will be emailed to you at least one hour before the class begins. During virtual classes, participants will not be supervised by the instructor. Participants are responsible for the safety of their surroundings

Sat: 7/11-8/15 9-9:50am
395201-A R: \$96 / NR: \$116

Instructor: Every Body Dance

Location: Virtual Class



Pilates Mat - Virtual

18 & up

This is a virtual class using Skype. By 10am on the class start date, you will receive an email with a link. Enjoy the benefits of Pilates to strengthen the body's core, enhance balance and muscle control, increase flexibility and range of motion, develop proper body alignment, and connect mind to muscles using the breath and mental focus. A mat is needed for this class. Participants will not be supervised by the instructor and are responsible for the safety of their surroundings.

Tue: 6/23-8/25 7-7:55pm
395410-A R: \$110 / NR: \$130

Instructor: BodyMoves Fitness, LLC

Location: Virtual Class

A limited number of fitness classes are being scheduled for Madison Park. Class size will conform to state gathering limits and will maintain social distancing.

Yoga for Fitness

18 & up

TUESDAY CLASS:

This is a virtual class using Skype. By 10am on the class start date, you will receive an email with a link. This class introduces participants to fundamentals of yoga practice including asanas (poses), breathing techniques, and body awareness. Class is presented in a dynamic workout that includes stretching, strength-building, and complete relaxation. Participants work safely and gently to increase or restore flexibility and range of motion, build stamina, and improve coordination and balance. No previous yoga experience necessary; all levels welcome. A yoga mat is needed for this class.

Participants will not be supervised by the instructor and are responsible for the safety of their surroundings.

FRIDAY CLASS:

This class will meet at Madison Park in Falls Church. This class introduces participants to fundamentals of yoga practice including asanas (poses), breathing techniques, and body awareness. Class is presented in a dynamic workout that includes stretching, strength-building, and complete relaxation. Participants work safely and gently to increase or restore flexibility and range of motion, build stamina, and improve coordination and balance. No previous yoga experience necessary; all levels welcome. A yoga mat is needed for this class.

Virtual

Tue: 6/23-8/25 8-8:55pm
395411-A R: \$110 / NR: \$130

Madison Park

Fri: 7/10-8/14 9-9:55am
395411-B R: \$66 / NR: \$86

Instructor: BodyMoves Fitness, LLC

Location: Tues: Virtual Class / Fri: Madison Park

Body Sculpt- Outdoors

18 & up

For all fitness levels. Shape and tone upper, middle and lower body, building and maintaining muscle strength, bone density, endurance and ease of movement, working all major and minor muscle groups. Please bring aerobic shoes, hand weights and a mat.

Fri: 7/10-8/14 10-10:55am
395412-A R: \$66 / NR: \$86

Instructor: BodyMoves Fitness, LLC

Location: Madison Park Field



Fitness and Karate

Classes in this column are held virtually on Skype. Participants will receive a link to join by 1pm on the first day of class. Participants will not be supervised by and are responsible for their safety and surroundings.

Total Body: Strength, Conditioning & Endurance - Virtual 14 & up

Class will include resistance, power and cardio exercises to develop strength, overall conditioning and endurance. Class taught by Certified Personal Trainer/Group Fitness Instructor.

Mon: 6/15-8/24 5:30-6:30pm
395400-A R: \$66 / NR: \$86

Thu: 6/18-8/27 5:30-6:30pm
395400-B R: \$66 / NR: \$86

Instructor: Pam Doran **Location:** Virtual Class

Kickboxing - Virtual 14 & up

Class will incorporate warm-up, upper and lower body kickboxing techniques and routines and cool down stretching. All moves designed to work all major muscle groups for strength and cardio workout.

Participants can work at their fitness level. Class taught by Certified Personal Trainer/Group Fitness Instructor.

Tue: 6/16-8/25 5:30-6:30pm
395401-A R: \$66 / NR: \$86

Instructor: Pam Doran **Location:** Virtual Class

Barre - Virtual 14 & up

Low impact total body workout incorporating simple moves and exercises focused on balance, core strength and flexibility. Classes taught by certified Personal Trainer/Group Fitness/Barre Certified trainer. It is recommended that this class be done barefoot or in yoga/barre socks but it can also be done in athletic shoe.

Wed: 6/17-8/26 5:30-6:30pm
395402-A R: \$66 / NR: \$86

Sat: 6/13-8/29* 9:45-10:45am
395402-B R: \$66 / NR: \$86

*No class dates 7/4

Instructor: Pam Doran **Location:** Virtual Class

Weekend Workout Virtual 14 & up

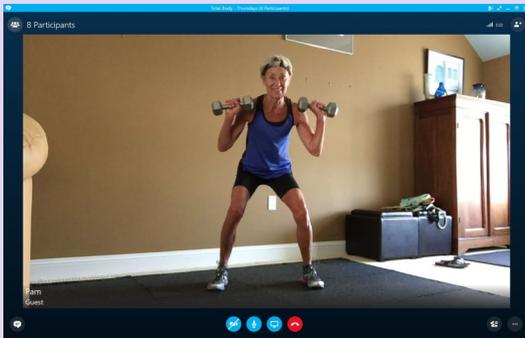
Start your weekend with an energizing workout that revs up your metabolism and increases your energy levels. Class will incorporate strength and cardiovascular exercises utilizing a new format each week.

Classes taught by certified Personal Trainer/Group Fitness/Barre Certified trainer.

Sat: 6/13-8/29* 8:30-9:30am
395403-A R: \$66 / NR: \$86

*No class dates 7/4

Instructor: Pam Doran **Location:** Virtual Class



Classes in this column will be held on the basketball court in Cherry Hill Park and maintaining a distance of 6' from class participants and instructors will be required.

Beginning Karate 7 & up

This class will teach basic blocks, punches, kicks, and forms (katas) common to many styles of martial arts and we include some self-defense techniques. Our goal is to have fun learning martial arts.

Class will meet on the basketball court at Cherry Hill Park and maintaining a distance of 6' from class participants and instructors will be required.

*Class will meet six times throughout the nine weeks, depending on the weather - this registration is for a total of six classes.

Mon: 7/6-8/31 7-8pm
393507-A R: \$48 / NR: \$58

Instructor: Dave Hacker

Location: Cherry Hill Outdoor Basketball Court

Intermediate & Advanced Karate 10 & up

This class is for students with middle to advanced prior experience in martial arts. Students with belts earned in other programs are welcome to wear their uniforms and belts. We teach blocks, punches, kicks, and forms (katas)

common to many styles of martial arts and practice self-defense techniques. There will be no sparing in this session. Our goal is to have fun learning

martial arts. Uniforms are suggested, but not required.

Class will meet on the basketball court at Cherry Hill Park and maintaining a distance of 6' from class participants and instructors will be required.

*Class will meet six times throughout the nine weeks, depending on the weather - this registration is for a total of six classes.

Mon: 7/6-8/31 8:15-9:15pm
393508-A R: \$48 / NR: \$58

Instructor: Richard Hathaway & Bill Kennedy

Location: Cherry Hill Outdoor Basketball Court

WERQ Dance Fitness 13 & up

WERQ is the fiercely fun dance fitness class based on pop, rock, and hip hop music. The warm up previews the dance steps in class and the cool down combines yoga-inspired static stretching and balance poses.

WERQ is taught by Certified Fitness Professionals, so the WERQout is safe and effective. Drop-in option will not be available for the summer session.

*Registration is for 5 classes. This class will meet FIVE evenings out of the nine weeks, depending on the weather.

Class will meet on the basketball court in Cherry Hill Park. Participants must maintain distance from each other and the instructor.

Mon: 7/6-8/31 6-7pm
395420-A R: \$50 / NR: \$60

Instructor: Sarah Barry

Location: Cherry Hill Basketball Court

Tennis & Pickleball

Whatever your level of play, you are just a few hours of FirstServe Tennis instruction away from a lifelong love of racquet sports! Join FirstServe Tennis Academy on court for first-rate instructional programs for players of all abilities ages 4-adult! Gregg Deinhart and Stephan Schlagenhauff are USPTA, PPR and Easitennis certified instructors who lead a talented staff teaching in a friendly, fun and supportive environment. By keeping class size small, students benefit from individual attention that leads to quick results. **Player-coach lesson ratios are 6:1 or better for juniors and 4:1 for adult intro classes, making our ratios among the best, if not the best, in Northern Virginia for both athletic and academic programs.**

IMPORTANT: Due to Covid-19 precautions, all students are required to bring their own racquets or paddles and water bottles. Contact FirstServe Tennis for program, racquet and equipment recommendations. Private lessons are also available upon request.

Email lessons@tenniseveryone.net, call 703-868-8172 or visit www.tenniseveryone.net for more information.

Tennis 1 & 2 Fundamentals

7-14 years

Players learn and review the fundamental strokes: Forehand, backhand, volleys, overhead and serve with emphasis on developing rallying skills. Player-Coach ratio is 6:1.

Ages 7-10

Wed: 7/8-8/12 5:30-6:20pm
391900-A R: \$132 / NR: \$152

Ages 10-14

Wed: 7/8-8/12 6:30-7:20pm
391900-B R: \$132 / NR: \$152

Instructor: FirstServe Tennis

Location: Community Center Tennis Courts

Beginner Pickleball

7-14 years

Through game-based instruction, beginners learn the fundamental strokes: dinks, volleys, forehands, backhands, overheads and the serve. Players learn rules and scorekeeping. Pickleballs are provided. Please wear tennis shoes. Ratio 6:1.

Ages 7-10

Tue: 7/7-8/11 5:30-6:20pm
391901-A R: \$132 / NR: \$152

Ages 10-14

Tue: 7/7-8/11 6:30-7:20pm
391901-B R: \$132 / NR: \$152

Instructor: FirstServe Tennis

Location: Cavalier Trail Tennis Courts

Adult 1 Beginner Tennis

15 & up

Players new to the game learn the fundamental strokes: forehand, backhand, volleys, overhead and serve. Ratio 4:1.

Wed: 7/8-8/12 7:30-8:40pm
395900-A R: \$150 / NR: \$170

Instructor: FirstServe Tennis

Location: Community Center Tennis Courts



Adult 2 Drill, Rally & Play

15 & up

Advanced beginners with limited on-court experience refine stroke production and learn how to play competitive points! Players drill strokes, develop rallying skills, and engage in point play. For players who have completed Adult 1 or with coach's recommendation. A tennis racket is required. Ratio 4:1.

Wed: 7/8-8/12 8:50-10pm
395901-A R: \$180 / NR: \$200

Instructor: FirstServe Tennis

Location: Community Center Tennis Courts

Adult 3 Advanced Tennis

15 & up

Techniques for improved shot making, tactics and strategy-based drilling combine with match play for intermediate players. A tennis racket is required. A tennis racket is required. Ratio 8:1.

Thu: 7/9-8/13 8:30-10pm
395902-A R: \$180 / NR: \$200

Instructor: FirstServe Tennis

Location: Cavalier Trail Tennis Courts

Private Tennis Lessons

7 & up

Student-Instructor ratio is 1:1 for students who seek the highest level of individual attention to improve their strokes and tennis game. Lessons are structured as once per week for 6 weeks. Ages 7-Adult. Contact FirstServe Tennis at 703.868.8172 for additional availability and/or if you would like to form your own private group of 2 or more.

Thu: 7/9-8/13 5:30-6:25pm
395904-A R: \$449 / NR: \$469

Thu: 7/9-8/13 6:30-7:25pm
395904-B R: \$449 / NR: \$469

Thu: 7/9-8/13 7:30-8:25pm
395904-C R: \$449 / NR: \$469

Instructor: FirstServe Tennis

Location: Cavalier Trail Tennis Courts

Pickleball Level 1 Adults

15 & up

Pickleball is a fun, mini-tennis-like game that is fast growing in popularity! This introduction to the game teaches the fundamental strokes: dinks, volleys, forehands, backhands, overheads and the serve. Players learn rules and scorekeeping. Pickleballs are provided. Please wear court shoes. Ratio 6:1.

Tue: 7/7-8/11 7:30-8:20pm
395905-A R: \$132 / NR: \$152

Instructor: FirstServe Tennis

Location: Cavalier Trail Tennis Courts

Summer Camps

The Recreation and Parks Department is committed to offering safe and high quality summer camp programming to our participants. However, due to the COVID-19 pandemic, we have had to cancel a number of our camps. As of June 5, 2020, we still plan to run our Summer Fun Playground Program beginning June 22, pending a phase II status. All specialty camps for June have been canceled. Specialty camps for July and August are pending. For a full listing of the status for each of our summer camps, our timelines, and to register for the waitlist, visit: www.fallschurchva.gov/camps

To keep children engaged through the month of June, some of our camps have modified the program and are being held in a digital format. Those camps are listed below.

We wish you and your families continued health and safety and thank you for your continued patience as we navigate through this unprecedented situation. If you have questions about our camps programs, please contact us at camps@fallschurchva.gov

"3D or Not" Art - Virtual

6-12 years

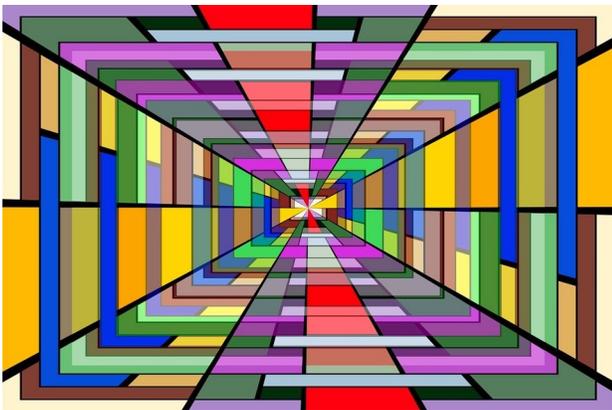
This is a virtual camp

How do you know if a piece of artwork is 3D or not? Some artists try to confuse us by creating art that LOOKS 3D but is really 2D! Learn to do this by creating optical illusions and drawings that appear to have volume. Use your creative ideas to explore ways to make 3D art or 2D art that looks 3D! This camp will be split in to two lessons. There will be a morning lesson from 10am-11:30am and an afternoon lesson from 1pm-2:30pm. Assignments and activities will be provided that kids can do on their own during the break.

Mon-Fri: 6/15-6/19 10-11:30a & 1-2:30p
386076-A R: \$205 / NR: \$225

Instructor: Abrakadoodle

Location: Virtual Class



Science Magic - Virtual

6-11 years

In this interactive instructor-led online camp, children have fun learning science-based "magic tricks" and learn about chemistry, biology, math and their environment in a hands-on collaborative way. At the end of the camp, campers plan and amaze you with their own online Science Magic Show! Along the way, children release their inner innovator by learning and practicing their Social and Emotional Life Skills like self-discovery, self-regulation, confidence, communication, and growth mindset. Activities include movement and hands-on activities and challenges combined with live online instruction. Parents receive daily updates on what their children are working on, as well as access to the Google Classroom with resources to help their children continue learning at home.

Mon-Fri: 6/29-7/3 9am-12pm
386080-C R: \$295 / NR: \$315

Instructor: iSchool for the Future

Location: Virtual Class

Big, Gigantic & Teeny Tiny Art

3-6 years

This is a virtual camp

It's the little things...AND the big things that matter! Let's make some really big, gigantic art along with some teeny tiny art! We'll use our imaginations to roar like beastly lions, crawl with teeny tiny bugs, create tiny robots and invent an Art Village where roads can be rainbows! Come along and have big, gigantic and teeny tiny art adventures all week!

This camp will be split in two sessions each day.

There will be a morning lesson from 10am-11am and an afternoon lesson from 1pm-2pm.

Mon-Thu: 6/29-7/2 10-11a & 1-2p
386077-C R: \$145 / NR: \$165

Instructor: Abrakadoodle

Location: Virtual Class

Big, Gigantic & Teeny Tiny Art

6-12 years

This is a virtual camp

It's the little things...AND the big things that matter! Let's make some really big, gigantic art along with some teeny tiny art! We'll use our imaginations to roar like beastly lions, crawl with teeny tiny bugs, create tiny robots and invent an Art Village where roads can be rainbows! Come along and have big, gigantic and teeny tiny art adventures all week!

This camp will be split in two sessions each day.

There will be a morning lesson from 10am-11:30am and an afternoon lesson from 1pm-2:30pm.

Mon-Thu: 6/29-7/2 10-11:30a & 1-2:30p
386077-C1 R: \$205 / NR: \$225

Instructor: Abrakadoodle

Location: Virtual Class



Summer Camps

Silver Knights Chess - Virtual

7-14 years

Learn chess with Silver Knights! We've taught tens of thousands of kids to play, including national champions, but most students are beginners looking to learn and have fun. In our online camp, each student will do two hours of live games and lessons each day over Zoom, with a fifteen minute break in the middle. Lessons are tailored to the skill level of the students. No equipment beyond a computer is required. At the end of the week, students are invited to play in a Friday afternoon chess tournament.

Mon-Thu: 6/29-7/2 9:30-11:45am
386103-A R: \$125 / NR: \$145

Instructor: Silver Knights Enrichment

Location: Virtual Class

Preschool in a Box

3-5 years

Was your Summer Camp canceled? Are you not sure what do to with your kids? We've got you covered! This summer, we're offering Preschool Camp in a Box. In your box you'll find all of the supplies needed for 9 crafts and/or activities that correlate with the 5 thematic weeks of camp that we had to cancel:

- Creative Art
- Where the Wild Things Are
- Science is Fun
- Out of This World
- Builders in Training

Some activities even come with a read aloud. You'll be provided with a link and/or code in your box with instructions on how to access these.

Register by July 1 for a contactless pick up the week of July 6. Complete activities at your own pace and convenience.

386200-A R: \$45 / NR: \$55

Instructor: FC Staff

Location: Virtual Class



Tiny Chefs Virtual Kitchen

6-10 years

Join us in the virtual kitchen with our online cooking courses! Your child will be able to follow along with a video instruction of each recipe or print the recipe & shopping list to make at a later date! Their knowledge will be tested with a short quiz & fun activities after each video. While earning achievements along the way your child will learn a variety of cooking techniques & terminology.

Around the World

Pre-recorded – participate at your own pace and convenience
386210-B R: \$89 / NR: \$109

Dips and Donuts

Pre-recorded – participate at your own pace and convenience
386210-D R: \$89 / NR: \$109

Instructor: Tiny Chefs

Location: Virtual Class

Cheer & Hip Hop Dance -Virtual

8-18 years

Our virtual Cheer and Hip Hop camp focuses on teaching fun cheers and modern hip hop movements with a vivacious urban feel. Our hip hop portion of the camp will focus on rhythm and musicality, how to "find", and count music. Different styles of hip-hop dance will be combined with fun choreography. Our cheer portion will teach various dance and cheer combinations, and fun choreography. Along with these skills, participants will receive daily leadership development homework via email that will help build teamwork, confidence, and leadership skills.

This camp will be split in to two sessions each day. The morning session will be 9am-10:30am and the afternoon session will be 1pm-2:30pm.

Mon-Fri: 6/22-6/26 9am-2:30pm
386237-B R: \$150 / NR: \$170

Instructor: Athletes Global

Location: Virtual Class

Fall Youth Sports

Love the Ball Mommy & Me Soccer Clinics

2-3 years

Love the Ball soccer clinics are designed to teach participants to love the ball and the game of soccer. Each 45 minute session allows participants to have a soccer ball the entire session, playing games that increase their balance, coordination and control with a soccer ball. Parents are encouraged to do the drills as well as the children to encourage children participation. Sessions ensure player interaction with the coach and peers by using fantasy based themes such as space ships, pirates or vehicles to engage young minds in the beautiful game and encourage play and laughter. Clinics run from September 9th-November 2nd. Ages are as of September 1st, 2020.

Registration opens with registration for all summer classes (Residents May 4th, Non-Residents May 11th).

Mon: 9/14-11/2* **3-3:45pm**
631104-A R: \$105 / NR: \$125

*No class date 10/12

Wed: 9/9-10/21 **3-3:45pm**
631104-C R: \$105 / NR: \$125

Location: Larry Graves Field

Sat: 9/12-10/31* **9-9:45am**
631104-F R: \$105 / NR: \$125

*No class date 10/10

Location: TJ Elementary Field

Sat: 9/12-10/31* **9-9:45am**
631104-E R: \$105 / NR: \$125

Sat: 9/12-10/31* **10-10:45am**
631104-G R: \$105 / NR: \$125

*No class date 10/10

Location: Madison Park Field

Love the Ball Mini Kickers Soccer Clinics 4-5 years

This class builds upon the skills learned in the Mommy and Me Soccer class developing new skills including independence, confidence, decision making and sportsmanship. Each 45 minute session ensures player interaction with the coach and peers by using fantasy based themes, such as space ships, pirates or vehicles to engage young minds in the beautiful game. Clinics run from September 9th-November 2nd. Ages are as of September 1st, 2020. Registration opens with registration for all summer classes (Residents May 4th, Non-Residents May 11th).

Mon: 9/14-11/2* **4-4:45pm**
631104-B R: \$105 / NR: \$125

*No class date 10/12

Wed: 9/9-10/21 **4-4:45pm**
631104-D R: \$105 / NR: \$125

Location: Larry Graves Field

Sat: 9/12-10/31* **10-10:45am**
631104-H R: \$105 / NR: \$125

Sat: 9/12-10/31* **11-11:45am**
631104-J R: \$105 / NR: \$125

*No class date 10/10

Location: TJ Elementary Field

Sat: 9/12-10/31* **11-11:45am**
631104-I R: \$105 / NR: \$125

*No class date 10/10

Location: Madison Park Field

Fall Soccer (Grades Kindergarten-12th Grade)

Early Bird Registration: March-July 26th

Kindergarten/2nd Grade –

Resident: \$90 Non-Resident: \$110

3rd Grade & Above

Resident: \$110 Non-Resident: \$130

Regular Registration: July 27th – August 16th

Kindergarten/2nd Grade –

Resident: \$105 Non-Resident: \$125

3rd Grade & Above

Resident: \$125 Non-Resident: \$145

Teams will be formed by grade and will participate in either Falls Church or the Arlington Soccer Association. Practices and games will be held at nearby fields; times vary by team. Practices start after Labor Day and games go through early November. Volunteer coaches are needed. For more information on registration, fees, and league rule information, call 703-248-5027.



Youth Flag Football Grades 2-9

Early Bird Registration: July 6th-July 26th

Resident: \$110 / Non-Resident: \$130

Regular Registration: July 27th – August 23rd

Resident: \$120 / Non-Resident: \$140

Falls Church Recreation & Parks Department will be hosting our annual youth flag football league this fall. This program is a co-ed, non-contact, 5-on-5 league that focuses on teaching the fundamentals of football in a fun, competitive, and safe environment. League will be run on Saturday evenings at George Mason High School starting mid-afternoon each week. Volunteer coaches are needed. Please contact Jimmy Ruby for more details at 703-248-5027.

Location: George Mason Turf Field

600001-A: Grades 2/3

600002-A: Grades 4/5

600003-A: Grades 6/7

600004-A: Grades 8/9

ENJOY CITY RECREATION SPACES!

Community Center

The Community Center is located adjacent to Cherry Hill Park and in the heart of the City. It is the perfect place to play basketball, table tennis, pool, airhockey, and foosball; or to walk, take a class, or just enjoy time with family, friends, and neighbors. It is home to the Senior Center and Teen Center. The Community Center boasts a full-size gymnasium with a six-hoop basketball court. The Center also has several multipurpose rooms the public can reserve for receptions, meetings, parties, and classes. Call 703-248-5027 to inquire about availability, fees and application. The Community Center offers several preschool programs in a bright and stimulating room designed and furnished specifically for young children. Enrollment is accepted for Summer, Fall and Winter/Spring sessions.

Picnic Shelters

Four of the City's parks (Cherry Hill, Berman, Madison, and Roberts Parks) have picnic shelters that are available for rent. Perfect for family gatherings, birthday parties, and group/company picnics. Call 703-248-5027 for availability, fees and application. If a shelter is not reserved it can be used on a first-come first-served basis.

Tennis Courts

Courts in the following locations can be reserved by City Residents: Cavalier Trail Park (2 Courts), and Cherry Hill Park, (2 Courts). Call 703-248-5027 to or visit Webtrac.fallschurch.gov to make reservations up to one day in advance. Courts are reserved 1 hour/singles and 1.5 hours/doubles.

Fields

Stay active and apply for a permit to use the Larry Graves Soccer Field. The field is available for rent based on availability. Call 703-248-5027 for availability, fees and application.

Weddings & Receptions

The Cherry Hill Farmhouse and grounds can be rented for special occasions. The house and surrounding park provide a lovely setting for wedding receptions and small parties. For information call the Cherry Hill Farmhouse at 703-248-5171 or visit fallschurchva.gov/ **CherryHillFarmhouse**

Birthday Party Packages

Celebrate your child's next birthday at the Falls Church Community Center. Choose the Party in the Gym Package for 1 hour in the gym with our tot-time or various sports equipment and 3 hours in a party room. Enjoy the Teen Center Party Package with the pool, air hockey, ping pong, and foosball tables. Call 703-248-5027 for availability.

CITY PARK AMENITIES

BERMAN PARK

Bike and hike trail
Picnic shelter
Picnic tables and grill
Play equipment

BIG CHIMNEYS PARK

Park benches
Picnic tables and grill
Play equipment

CAVALIER TRAIL PARK/ TRIPPS RUN PARK

Basketball court (lighted)
Bike and hike trail
Park benches
Picnic table and grill
Slide and Swings
Tennis courts (2 - lighted)

CHERRY HILL PARK

Basketball court (lighted)
City kiosk
Horseshoe court
Park benches
Picnic shelter
Picnic tables and grills
Play equipment
Volleyball court
Water fountain
Tennis courts (2 - lighted)

CROSSMAN PARK

Park benches
Picnic tables and grills
Slide and Swings

DONALD S. FRADY PARK

Horseshoe court
Game table
Gazebo
Mini-amphitheater
Picnic tables and grills
Play equipment
Water fountain



FORT TAYLOR PARK

Historic Trail marker
Park bench

LARRY GRAVES PARK

(Joint Park with Fairfax County)
Rectangular athletic field
Softball fields Bleachers

LINCOLN PARK

Basketball court
Park benches
Picnic table and grill
Play equipment



MR BROWN'S PARK

Tables and Chairs
Stage

MADISON PARK

Basketball court
Park benches
Picnic shelter
Picnic tables
Play equipment
Rectangular athletic field
Water fountain

ROBERTS PARK

Basketball court
Park benches
Picnic shelter
Picnic tables and grills
Play equipment
Water fountain

WEST END PARK

Park benches
Picnic tables and grills
Play equipment
Skateboard and BMX features

THE END !



Show Us Your Rec & Parks Gear!

Here are some pictures of our staff (and a bonus City Hall staffer) who have been working from home showing off their Recreation and Parks Gear. We now ask that you show us your Recreation and Parks Gear, whether it is sports, camp, or event-related by sharing a selfie or current portrait!

Please share submissions with us by tagging [@fallschurchgov](https://www.instagram.com/fallschurchgov) on Instagram, using the hashtag #LittleCityBigFUN or by emailing cford@fallschurchva.gov.