

2023 Fall Adult Co-Ed Volleyball
Falls Church Recreation & Parks Department
223 Little Falls St.
Falls Church, VA 22046
Office Phone number: (703) 248-5077

GENERAL INFORMATION

1. **During the Fall 2023 season, the Falls Church Recreation & Parks Department volleyball league play will be as follows:**
 - A League- Thursday
 - BB League- Tuesday
2. The coed volleyball program is divided into two different leagues. The "A" League is designed for experienced teams with above average skills. The "BB" League is for teams consisting of players with average skills. If we do not receive enough registrations for two separate leagues, we **may** combine teams into one league.
3. The deadline for entering a team is August 20th, 2023.
4. Players must be sixteen years of age or older by Sept 1, 2023.
5. **A franchise fee of \$325.00 will be charged for all teams. All fees must be paid by August 20, 2023.**
6. Team rosters are limited to 12 players and should be comprised of approximately 50% male and 50% female players.
7. **No changes will be permitted in the roster after the second match of the season.**
8. No player may play for more than one team under the jurisdiction of the Falls Church Recreation & Parks Department.
9. Matches will consist of three games. There is a one-hour time limit on all regular season matches. If the third game is still in progress at the end of one hour, the team leading will be declared the winner. If a game is tied at the end of the allotted time, service will hold and play will continue until one-team scores two points.
10. League play begins in early September and finishes in early November.
11. All games will count in League standings.
12. Unless specified in league rules, USA Volleyball rules of play will apply in all matches.
13. Each player on a given team must have a unique number. Teams are encouraged to have jerseys of a "like" color.
14. Teams may play with four women and two men with no penalty; in no instance may a team play with four men and two women.
15. Teams may start a game with five players, either 2 males and 3 females or 3 males and 2 females. In this case, this "hole" rotates.
16. **It is the responsibility of the coach to make sure the score sheets completed by the official and submitted to the Recreation & Parks Department accurately reflect the outcome of each game played.**
17. A ten-minute grace period from the regularly scheduled starting time shall be permitted in order to assemble the required number of players. (The ten-minute grace period applies to the first game only. A five-minute grace period will apply to the second and third games. At the end of twenty minutes the entire match will be forfeited.)
18. Line-up cards and score sheets will be used for all matches.
19. Teams forfeiting more than six games will automatically be dropped from the league. No refunds will be given.
20. In the event of ties records, at the conclusion of the regular season, the tie-breaker will be head-to-head matchups (or in the case of a 3-way tie, seedings will be drawn at random). If teams are tied and not all teams will make the tournament, a play-off match will be held to determine who qualifies for the tournament. **Under no circumstances will point differentials be used to determine seedings or who makes the tournament.**
21. For further information, please contact Jimmy Ruby at (703) 248-5027.

CONDUCT REGULATIONS

Coaches, managers, players shall not:

1. At any time lay a hand upon or shove an official, facility supervisor or scorekeeper. **Penalty:** suspension from all sport activities sponsored by the Falls Church Recreation and Parks Department for a period of two years.
2. At any time dispute an official's decision or make an abusive verbal attack upon any official, facility supervisor, scorekeeper, player or spectator. **Penalty:** Warning by official and/or ejection from the game. If ejected, the person is suspended from the next game his/her team plays.
3. At any time be found guilty of gross misconduct. **Penalty:** Will be suspended for the remainder of the season and no refund on the fees will be given.
4. At any time refuse to abide by an official's decision. **Penalty:** Ejection from game and suspension from the league until his/her case has been reviewed. Probationary reinstatement is possible.
5. Any coach, manager or player who is ejected from the game is automatically suspended from the next game his/her team plays. A second offense by the same person will result in additional disciplinary action as directed by the league. This rule is not subject to protest or review.
6. Any coach, manager or player who is placed on probationary status and is reported again for violating the "Code of Conduct" or league rules will be given a minimum penalty of suspension for the remainder of the season.
7. Teams are responsible for the conduct of their spectators. Failure to attempt to control disruptive spectators may result in forfeiture to the opposing team.
8. Smoking is prohibited in all school/public grounds (indoors and outdoors)
9. No food or beverages (except water) are allowed in the gyms. Please no Gatorade!