

Jeffrey Sikes

From: Andrea Caumont <tinythings@gmail.com>
Sent: Sunday, February 03, 2019 9:14 AM
To: Doug Devereaux
Cc: Jeffrey Sikes
Subject: Re: some ideas that we discussed; walking festival among and between the City's 14 parks

This is great Doug, thanks for sharing! Jeff, could you add this as a discussion item for the February agenda and include the examples Doug has above?

Thanks,
Andrea

On Sun, Jan 20, 2019 at 3:00 PM Doug Devereaux <doug.e.devereaux@gmail.com> wrote:
Andrea: Thanks for sending.

Regarding your ideas for a scavenger hunt/walk to the parks concept, some additional ideas:

Nature theme; candidate may be Howard Herman Park: <https://www.fallschurchva.gov/1548/Howard-E-Herman-Stream-Valley-Park>

Examples:

- Pottawattamie County Park Western Iowa

Spring is a great time to get out and about in western Iowa. As the weather warms flowers burst into bloom and native animals come out of their winter hiding places. March through June is a never ending parade of new sights and sounds in Iowa's native spaces and one of the best ways to experience the magic of spring is to get outside and live in the sunshine. Hit the trails at your nearest Pottawattamie County Park and see what spring has to offer you. But you don't have to be content to just walk in nature, become a part of it with a spring scavenger hunt! This is a great way to get young learners involved with nature as they spend time outdoors. Make it a whole family activity and work as a team to search for the next item on your list.

<http://www.pottcoconservation.com/blog/?p=1649>

- Ohio: 2nd **Annual Red Shoe Run Scavenger Hunt Run/Walk** starting at Schiller **Park**, looking for clues , includes .xplore historic German Village and the Brewery District with a Scavenger Hunt Run/Walk starting at Schiller Park, looking for clues among area businesses and landmarks, then finishing with a cold beer at a locally owned bar. [Register by clicking here before the event day and save \\$5!](#)

- The Itty Bitty Scavenger Hunt in the parks participants can pick up worksheets for the scavenger hunt at any Parks and Recreation facility or find it on the City of Auburn website, printed in select newspapers and on Facebook. The worksheet features 23 itty-bitty sights in historic Pine Hill Cemetery in celebration of the Alabama Bicentennial 2018 theme "Honor Our People." Participants will find these sights and write the location on the worksheets. <http://www.walk2connect.com/event/stsp-summer-start-four-parks-one-arvada/2018-07-16/>
- Colorado, connect the parks and people combined length 3 miles, for conversation, and health.. Let's start the week with a great walk! We'll walk the Terrace Park circuit, head over to the Jack B Tomlinson Park, then to the Four Acre Lake Park, over to Garrison Station Park, and back to Terrace Park. Four parks, two lakes, and great conversation! We'll return to our starting point about 9:15am.

<http://www.walk2connect.com/event/stsp-summer-start-four-parks-one-arvada/2018-07-16/>

- Connect the Park Blocks, a celebration of public space, green space and commercial

Oregon Walks for the first ever Oregon Walkways: Connect the Park Blocks, a celebration of public space along the historic Portland Park Blocks - north and south of Burnside. The route, along NW and SW Park Ave - from NW Hoyt to SW Market, will allow people to walk, stroll, jog, and visit local business between the North and South Park Blocks and be clear of parked cars and vehicle traffic.

Join Better Block PDX, Oregon Walks and the Green Loop Project to increase foot traffic and build community! Open to all ages and abilities.

<http://oregonwalks.org/programs/oregon-walkways/oregon-walkways-connect-park-blocks>

Just a few ideas.

Doug Devereaux

On Sat, Jan 19, 2019 at 7:58 AM Andrea Caumont <tinythings@gmail.com> wrote:

----- Forwarded message -----

From: **Devereaux, Douglas E. (Fed)** <douglas.devereaux@nist.gov>

Date: Wed, Dec 12, 2018 at 5:36 PM

Subject: some ideas that we discussed; walking festival among and between the City's 14 parks

To: Andrea Caumont (tinythings@gmail.com) <tinythings@gmail.com>

How about a "Safe Routes to Parks" walkathon. Concept: The city offers 14 parks where residents and visitors can walk, run, bike, trail, and play. Most of the parks are not contiguous, and require traversing city street to travel from one to another. Some residents, aren't aware or many of the city parks. If many of these parks were put end to end, it could add up to a nice urban hike that offers a variety of amenities--play

equipment where children can swing and slide, fields to play ball, nature trails and opportunities to observe birds and flora, and grill equipment for summer cookouts. <https://www.fallschurchva.gov/Facilities?clear=False>.

It would be possible to configure a virtual trail for a Saturday trek of families equipment with maps, and at each park city provided water. Participants may bring food, beverages, equipment—balls for playing catch, kicking, et. For a very organized example of these perhaps the European sport or Volksmarching (from German "Volksmarch", people's march) <https://en.wikipedia.org/wiki/Volksmarching> <http://clubs.ava.org/gen3/data/clubsbystate.asp?EVState=VA>

which is a form of non-competitive fitness walking that developed in Europe in the mid-late 1960s offers some examples of how to conduct a Saturday walk between and across a set of preselected parks among the city's 14 properties. Participants could have the choice of walking 5KM (3.1 mi), 10K (6.2 mi), or long on a pre-determined outdoor path or trail, with the aid of posted signs or markings, or a map and a set of written directions. In Europe this is a big thing and clubs and communities offer incentive awards (including certificates, pins and patches) for participating in a certain number of events and for covering different cumulative distances over time. This implies that one event could have several categories, for kids following their own maps with adult/parental guidance, families on a stroll, senior cities who just want to take their time.

Rather than a "volksmarch", perhaps something to reflect the Little City, like the *Little city parks roundup*" or <http://www.ava.org/> or *the Little City Pathfinder Day*, <http://www.walks.ca/>, of the *Falls church Walking Festival*

<http://www.ava.org/startnewclub.php>

Just a few ideas

<https://www.saferoutespartnership.org/healthy-communities/saferoutestoparks>

See you tonight. Doug D

Douglas E. Devereaux, Program Manager

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Jeffrey Sikes

From: Andrea Caumont <tinythings@gmail.com>
Sent: Sunday, February 03, 2019 9:17 AM
To: Jeffrey Sikes
Cc: Dave Gustafson
Subject: Fwd: some ideas that we discussed; walking festival among and between the City's 14 parks
Attachments: Urban+Pathways+to+Healthy+Neighborhoods_Connections_letter.pdf

Could you include these ideas as well for the Scavenger Hunt / group walk? Thanks.

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