

# Love the Ball Soccer Clinic Spring 2021 Information

- The Love the Ball clinic sessions would remain in their own bubble for the season and would not mix with other sessions of the clinic.
- 10 feet of physical distancing should be maintained between all coaches, participants and spectators.
- Coaches are planning training sessions to adhere to 10 feet of social distancing at all times, with participants and coaches being in their own little 10 feet by 10 feet bubbles. Mommy & Me clinic sessions will have a parent/guardian in the bubble with the child actively participating.
- Participants and coaches must self-report COVID-19 symptoms prior to each session. Anyone with a temperature of 100.4°F or higher must remain at home.
- All participants, coaches, and spectators should wear PPE while arriving to the field.
- Provided all screening, hygiene, and social distancing measures are followed, masks are not mandatory for participants/coaches during exertional moments of training.
- Spectators should wear PPE.
- Clinic sessions have been limited in size to eliminate congestion and crowding (10 participants per clinic session with 2 coaches).
- Spectators will be limited to immediate family members only.
- Each participant should bring their own ball to use. No sharing of water or towels.
- **The Love the Ball coaches and staff will keep track of weekly attendance.**
- Training sessions schedules are as follows: Wednesday clinics will start April 7<sup>th</sup> and end May 19<sup>th</sup>; Saturday clinics will start April 10<sup>th</sup> and end May 22<sup>nd</sup>; Monday clinics will start April 12<sup>th</sup> and end May 24<sup>th</sup>.
- Clinic locations: Weekday clinics will be held at Larry Graves Park and weekend clinics will be held at Madison Park.

Based on the CDC guidelines, this is when a player can return to play if they had or likely had COVID-19

- **“I think or know I had COVID-19, and I had symptoms”**
  - You can be with others after
    - 3 days with no fever
    - **AND**
    - symptoms improved
    - **AND**
    - 10 days since symptoms first appeared
  - Depending on your healthcare provider’s advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart
- **“I tested positive for COVID-19 but had no symptoms”**
  - If you continue to have no symptoms, you can be with others after:
    - 10 days have passed since test
  - Depending on your healthcare provider’s advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others after you receive two negative test results in a row, at least 24 hours apart.
  - If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID, and I had symptoms.”